



Care Instructions for your Below the Knee Prosthesis

Insert Care:

Silicone Liner- You are required to clean your liner daily in order to reduce germ and residue buildup, and it is recommended to rotate between liners helps to lengthen their life span.

Daily: Turn the liner inside out and wash with warm water and a mild soap. Be sure to rinse the liner thoroughly and wipe clean with a lint free cloth. Turn liner right side out and hang or lay flat to dry.

Weekly: Turn the liner inside out and spray with rubbing alcohol. Hang or lay flat to air dry.

Prosthetic Socks and Shrinker Care:

Prosthetic Socks- It is recommended to apply clean prosthetic socks daily inside your prosthesis. Socks can be machine or hand washed with a mild soap and allowed to hang dry.

Shrinkers- Compression socks may be hand or machine washed with a mild soap and allowed to hang dry. You will find the manufacturer's specific care instructions on the package.

Prosthetic Socket:

The inside of your prosthetic socket should be sprayed with alcohol weekly and wiped clean with a clean cloth. If at any time your socket receives any type of damage, please call your prosthetist immediately for inspection. If your prosthesis has a locking mechanism, be sure to keep the lock clean and free of debris which could cause a lock failure. Keep your prosthetic socks in good condition; any frayed edges around the pin hole can interfere with your lock functioning properly.

Prosthetic Foot:

It is recommended to remove your sock and shoe weekly to inspect the prosthetic foot for any debris that may cause excessive wear.

If at any time you have questions or concerns, please contact us.